

Dear Partner,

Million Hearts™, a national public-private initiative to prevent 1 million heart attacks and strokes over the next five years, is working hard to improve blood pressure control, a key measure to reducing heart attacks and strokes.

One in three Americans has high blood pressure, and only half of them have it under control. Join us in helping Americans to reduce high blood pressure and lead longer, healthier lives – especially in May, which is both National High Blood Pressure Education Month and National Stroke Awareness Month.

The resources in this toolkit, which are designed to be used by the public, can help you to address high blood pressure in your clinics and communities. They include messages for consumers and health care professionals and tools to support local events. In addition, you can access other useful materials, including messages for other important audiences, tools for media outreach, fact sheets, and the Million Hearts™ logo in the online Partner Engagement Toolkit on millionhearts.hhs.gov.

Thank you for your commitment to Million Hearts™. For additional information about this toolkit, or for questions or comments, please email millionhearts@cdc.gov.

Sincerely,

Janet Wright, MD, FACC

Executive Director

Million Hearts™