



Million Hearts® Hypertension Control Champions

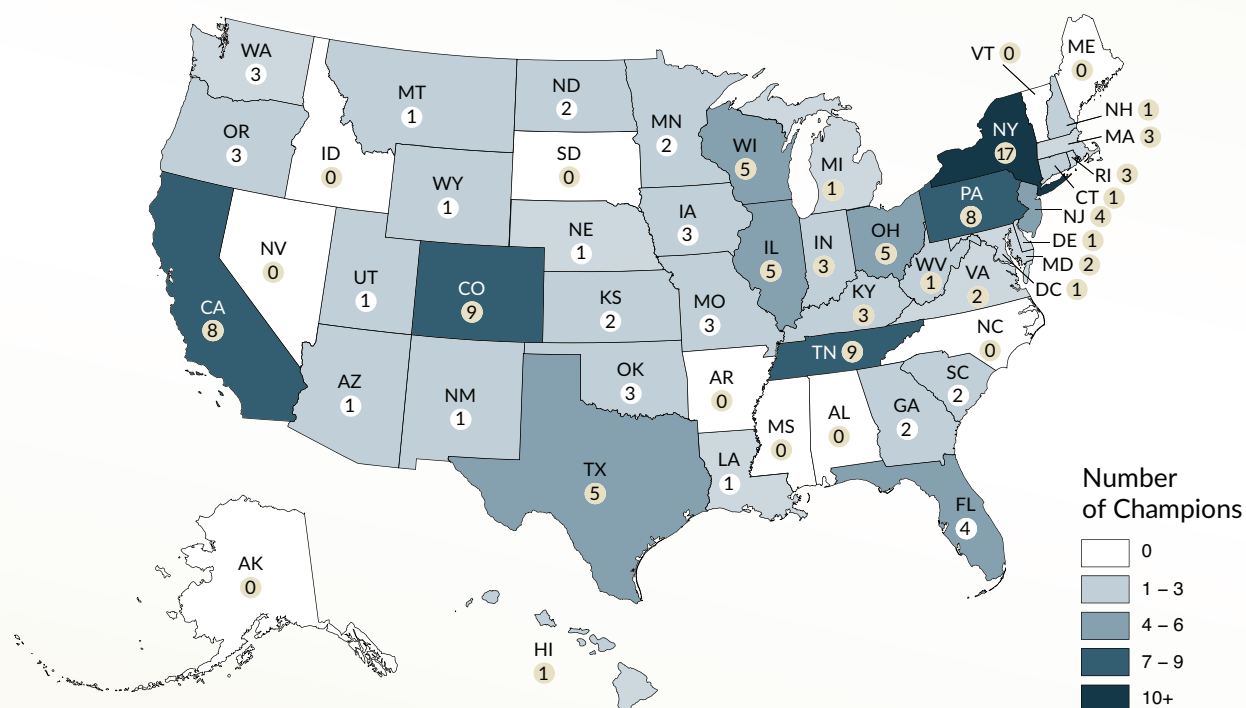
The Million Hearts® Hypertension Control Challenge identifies public and private clinicians, practices, and health systems across the United States that have demonstrated exceptional achievements in working with their patients to control hypertension. These efforts are critical to preventing and managing heart disease and stroke, two leading causes of death for Americans.

In the 8 years since the start of the Hypertension Control Challenge, the Centers for Disease Control and Prevention (CDC) has recognized 133 Million Hearts® Hypertension Control Champions from 40 states and Washington, D.C., serving more than 15 million adults.

The Hypertension Control Champions are those who achieve blood pressure control (blood pressure reading <140 mmHg/<90 mmHg) among 80% of their patients with hypertension aged 18–85 years.

Million Hearts® Hypertension Control Champions by State, 2012–2020

133 Champions, across 40 states, caring for more than 15 million adults



To see the full list of Million Hearts® Champions, visit millionhearts.hhs.gov.