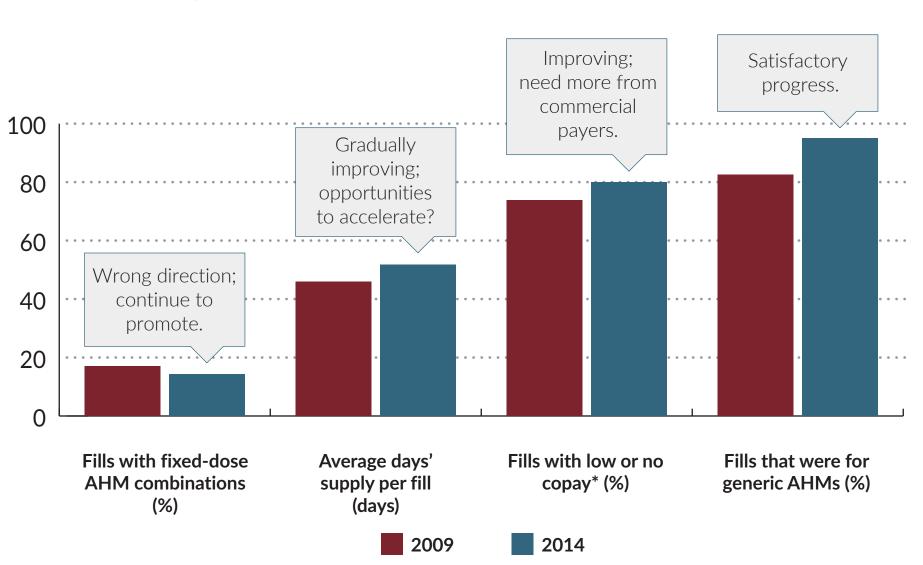
# Factors That Promote Antihypertensive Medication Adherence, 2009 vs. 2014



## Figure. Trends in Factors That Promote Adherence to Antihypertensive Medication (AHM), 2009 vs. 2014, IMS Health

### Table. AHM Fills with Low or No Copay, by Payment Source, 2009 and 2014

	Payment Source					
	Year	Patient	Commercial	Medicaid	Medicare Part D	Total
Number o	of AHM fills (m	nillions)				
	2009	37.0	388.2	22.6	165.9	613.7
	2014	42.0	379.9	14.3	216.8	653.0
Fills with	a low or no co	pay* (%)				
	2009	_	68.4	99.0	82.7	73.8
	2014	_	76.5	99.5	84.8	79.9

#### \*Copay of \$5 or less

Source: Ritchey M, Tsipas S, Loustalot F, Wozniak G. Use of pharmacy sales data to assess changes in prescription- and payment-related factors that promote adherence to medications commonly used to treat hypertension, 2009 and 2014. PLoS One 2016;11(7):e0159366.



# Main Takeaways

- 2009 (table).

# Hearts®

39.3 million more AHM fills occurred in 2014 than in

Although the rate is improving, almost 25% of AHM fills from commercial payers still have a patient copay >\$5 (table).

There has been an underutilization of fixed-dose combination AHMs (figure), even though the strategy has been shown to increase both medication adherence and hypertension control.